

LERNINHALTE DANCE FUNDAMENTALS II

Figuren mit 3 Gewichtswechseln zu 2 Counts der Musik andere Figuren

Triple Steps Forward
Triple Steps Backward
Triple Steps Side
Triple Steps In place
Locked Triple Steps Backward (Isolation)
Cross Triple Step
Coaster Steps Forward
Coaster Steps Backward
Wizard Step
Sailor Step

Hip Lift
Boogie Move
Boogie Walk
Knee Pop: Single & Double
Camel Walk Variation
Skate Step
Sugar Foot: In place & Traveling
Développé
Toe-Heel-Cross Swivels
Pigeon Toed Movement
Rond de jambe (sweep)
Vaudevilles: Vaudeville Hop
Vaudeville Step (Sailor Shuffle)

Zu erklären:

Arme für Line Dancer